

MAY 2024 ALBERT GALLATIN MIDDLE SCHOOL

Adult Meal Price: \$5.00 Includes Beverage Menu Subject to Change.

Monday

Wednesday Tuesday

Thursday

Meatball & Mozzarella on w/g Hot

Friday

Grilled Cheese Sandwich Chicken Nuggets w/ Roll **Tomato Soup** Steamed Broccoli **Baby Carrots Diced Peaches**

Italian Dunkers w/ Dipping Sauce Chicken Nuggets w/ w/g Roll Side Salad w/ LF Italian Dressing Steamed Peas & Carrots **Diced Pears** Milk Choice

Lasagna Roll Up w/ w/g Bread Stick Cheeseburger on w/g Bun **Cucumber Wheels** Side Salad w/ LF Dressing Diced Peaches Milk Choice

Dog Bun Cheeseburger on w/g Bun **Steamed Carrots** Celery Sticks Peach Cup Milk Choice Nachos w/ Seasoned Beef and

School Made Pizza Cheeseburger on w/g Bun **Baked Tater Tots** Fresh Broccoli **Apple Sauce Cup** Milk Choice

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JTM Mac & Cheese Dinner Roll Chicken Nuggets w/ w/g Roll Steamed Mixed Veggies **Applesauce Cup** Milk Choice

School Made Pizza Cheese Chicken Nuggets w/ w/g Roll Chicken Nuggets w/ w/g Roll **Baked Tater Tots** Steamed Corn Fresh Broccoli Mixed Berry Cup **Apple Sauce Cup** Milk Choice Milk Choice

Tangerine Chicken w/ Rice Chicken Patty on w/g Bun Steamed Broccoli **Baby Carrots Diced Peaches** Milk Choice

Cheeseburger on w/g Bun // Chicken Patty on w/g Bun Oven Baked Beans **Cucumber Wheels Diced Pears** Milk Choice

Lasagna Roll Up w w/g Bread Stick Chicken Patty on w/g Bun Side Salad w/ LF Italian Dressing **Cucumber Wheels** Banana Milk Choice

Turkey & Cheese on w/g Hot Dog Bun Chicken Patty on w/g Bun Steamed Carrots **Baby Carrots** Milk Choice

School Made Pizza Chicken Patty on w/g Bun **Baked Tater Tots** Fresh Broccoli **Apple Sauce Cup** Milk Choice

BBQ Rib Sandwich Cheeseburger on w/g Bun **Baked Tater Tots Grape Tomatoes Diced Peaches** Milk Choice

Manager's Choice Cheeseburger on w/g Bun Side Salad w/ LF Italian Dressing Steamed Peas & Carrots **Diced Pears** Milk Choice

Lasagna Roll Up w w/g Bread Stick Cheeseburger on w/g Bun Side Salad w/ LF Italian Dressing **Cucumber Wheels** Banana Milk Choice

Popcorn Chicken Bowl School Made Pizza Cheeseburger on w/g Bun Chicken Patty on w/g Bur Steamed Corn **Baked Tater Tots** Whipped Potatoes & Gravy Fresh Broccoli Side Salad w/ LF Ranch **Apple Sauce Cup Diced Pears** Milk Choice Milk Choice

NO SCHOOL!

School Made Pizza Chicken Patty on w/g Bun **Baked Tater Tots** Fresh Broccoli **Apple Sauce Cup** Milk Choice

1 1 1 1 1 Manager's Choice Chicken Patty on w/g Bun Steamed Veggie Asst. Fresh Veggies Asst Fresh & Canned Fruit Milk Choice

Cheeseburger on w/g Bun () Hot Dog on w/g Bun Watermelon Slice Italian Ice **Baked Beans** Milk Chocie

School Made Pizza Chicken Patty on w/g Bun **Baked Tater Tots** Fresh Broccoli **Apple Sauce Cup** Milk Choice

All students receive a complimentary lunch daily. Choices include: MILK: FF Flavored Milk or 1% White. ASSORTED FRUIT & FRESH VEGGIE: (Take up to 2 fruits & 2 Vegetables) Apple, Orange, Banana, Peach, Plum, Grapes, Asst. Canned & Other Fresh Fruit Available, Baby Carrots, Broccoli, Chick Peas, Grape Tomato, Romaine Salad, Cucumber Slices, Celery Sticks, & Asst. Other Vegetables as available. Grains/ Breads: 80% of all grain items are "Whole Grain Rich", per USDA regulations. To qualify as a free lunch, students must take 3,4, or 5 items, (Meat/ Meat Alternate, Grain/ Bread, Vegetable, Fruit, Milk) of which 1 must be a fruit or vegetable. Students taking required meal components receive lunch at no cost, otherwise per regulations, ala carte prices are in effect.